

WHY WE PLANT TREES

Planting trees on National Forests helps ensure our forests stay healthy for future generations while continuing to provide benefits for all Americans.

CLEAN AIR

Trees convert carbon dioxide into oxygen and remove harmful pollutants from the air, acting as a natural air filter.



CLIMATE CHANGE MITIGATION

A single tree planted on a National Forest can store a half ton of carbon dioxide over its lifetime, helping mitigate global climate change and increasing the carbon storage potential of our forests.

CLEAN WATER

Trees hold and purify water and stabilize soils, helping creeks and rivers run clear—important for the thousands of communities that depend on our National Forests for their water supply.

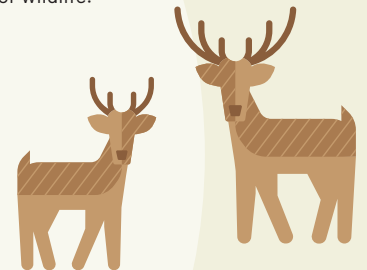


FOREST HEALTH AND RESILIENCY

By planting the right species in the right places, reforestation improves forest health and helps make our forests more resilient to future challenges like climate change and wildfire.

WILDLIFE HABITAT

National Forests hold thousands of species of wildlife in complex ecosystems. Post-disturbance reforestation enhances habitat while providing structural diversity for wildlife.



PHYSICAL & EMOTIONAL WELL-BEING

Taking a walk in a National Forest provides exercise, reduces stress, and improves overall mood. Reforestation helps ensure our forests can provide you with the space to tune in to nature and tune out the worries.



SEED SOURCE FOR THE FUTURE

Disturbances can sometimes be so severe that they affect a forest's ability to regenerate for decades to come. Replanting helps re-establish a seed source for future regeneration.

RECREATION

Reforestation improves the quality of experience for the 160 million Americans who play on National Forests each year.

50 MILLION FOR OUR
FORESTS

 National Forest
Foundation

nationalforests.org